

## How to Write Events on your Swimmer's Hand

Event	4	Mixed 6 & Under 25 SC Meter	Freestyle
Lane		Name	Age Team
Heat	1 of 1	Timed Finals	
1		Martin, Blakely E	W5 Palisades Swim Team-NC
2		Overla, Alex Q	W5 Palisades Swim Team-NC
3		Rollins, Shelby R	W6 Palisades Swim Team-NC
4		Almond, Jack E	M6 Palisades Swim Team-NC
5		Nephew, Connor O	M5 Palisades Swim Team-NC
6		Menchaca, Georgia R	W5 Palisades Swim Team-NC

